

**WHAT IS CLAIMED IS:**

1. A kit, comprising:
  - a) a tubular waterproof material that may be cut to a desired length;
  - b) a fastener which, when fastened around a first end of a length of the tubular waterproof material, forms a waterproof sheath for insertion of a user's limb; and
  - c) a strap for sealing the waterproof sheath to the limb of the user; the strap having portions that a user adjustably couples to one another to form a noose; the noose frictionally engaging a second end of the tubular waterproof material i) after the user's limb has been inserted into the waterproof sheath and the noose has been placed around the second end, and ii) as one end of the strap is pulled by the user to tighten the strap about the user's limb.
2. The kit of claim 1, wherein the fastener is a cable tie.
3. The kit of claim 1, wherein the fastener is an elastic fastener.
4. The kit of claim 1, wherein the strap comprises a hook-and-loop fastening system for securing the end of the strap pulled by the user to the circumference of the noose.
5. The kit of claim 1, wherein the portions of the strap that adjustably couple to one another comprise i) a ring, fixed to the strap, and ii) an end of the strap sized to be pulled through the ring.

6. The kit of claim 5, wherein the ring is elastic.
7. The kit of claim 5, wherein the strap comprises a hook-and-loop fastening system for securing the end of the strap pulled by the user to the circumference of the noose.
8. The kit of claim 1, wherein the portions of the strap that adjustably couple to one another comprise i) a pair of adjacent rings, fixed to the strap, and ii) an end of the strap sized to be woven through the rings.
9. The kit of claim 1, wherein the tubular waterproof material is provided on a roll from a plurality of said desired lengths may be cut; further comprising a plurality of said fasteners.
10. Apparatus, comprising:
  - a) a tubular waterproof material;
  - b) a fastener, fastened around a first end of the tubular waterproof material to form a waterproof sheath; and
  - c) a strap having portions that are adjustably coupled to one another to form a noose around a second end of the tubular waterproof material, thereby securing the waterproof sheath to a user's limb.
11. The apparatus of claim 10, wherein the fastener is a cable tie.

12. The apparatus of claim 10, wherein the fastener is an elastic fastener.
13. The apparatus of claim 10, wherein the strap comprises a hook-and-loop fastening system securing the end of the strap pulled by the user to the circumference of the noose.
14. The apparatus of claim 10, wherein the portions of the strap that adjustably couple to one another comprise i) a ring, fixed to the strap, and ii) an end of the strap sized to be pulled through the ring.
15. The apparatus of claim 14, wherein the ring is elastic.
16. The apparatus of claim 14, wherein the strap comprises a hook-and-loop fastening system securing the end of the strap pulled by the user to the circumference of the noose.
17. The apparatus of claim 10, wherein the portions of the strap that adjustably couple to one another comprise i) a pair of adjacent rings, fixed to the strap, and ii) an end of the strap sized to be woven through the rings.
18. A method, comprising:
  - a) dispensing a portion of tubular waterproof material from a quantity of tubular waterproof material, and fastening a fastener around a circumference thereof;

- b) cutting a waterproof sheath from the quantity of tubular waterproof material; the waterproof sheath including the fastener; the length of the waterproof sheath being long enough to extend over a limb and wounded area of a particular patient; and
  - c) providing the waterproof sheath and a strap to the user; the strap having portions that the user adjustably couples to one another to form a noose; the noose frictionally engaging a second end of the tubular waterproof material i) after the user's limb has been inserted into the waterproof sheath and the noose has been placed around the second end, and ii) as one end of the strap is pulled by the user to tighten the strap about the user's limb.
- 19. The method of claim 18, further comprising, selecting the tubular waterproof material from a set of rolls of tubular waterproof material, each of the rolls comprising a different diameter of tubular waterproof material.
- 20. A method, comprising:
  - a) pulling a waterproof sheath over one's limb; the waterproof sheath comprising a tubular waterproof material that is secured at a first end via a fastener;
  - b) sliding a noose of a strap over a second end of the waterproof sheath; the noose being formed by portions of the strap that are adjustably coupled to one another; and

- c) pulling one end of the strap to tighten the strap about the limb; the noose frictionally engaging the second end of the waterproof sheath as the end of the strap is pulled.